



Chilled and Frozen Juice Cups

Chilled Juice Cups

- 100% fruit juice with no added sugars (except Cranberry and Lemonade)
- Multiple juice varieties help to combat menu fatigue
- Long shelf life
- No preservatives
- Each lid has a clear, easy to read “best by” date
- Pre-measured, single servings
- Gluten free, does not contain bioengineered ingredients, or any of the big 8 allergens



Ardmore Farms Cups • Flavor Options and Nutrition Information

SKU	Flavor	Juice (%)	Pack Size	Portion (fl. oz.)	Calories	Sodium (mg)	Carbs (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Calcium (%)	Iron (%)	Potassium (%)	C (%)	Kosher	K12 Smart Snacks	K12 Fruit Credits
40001	Apple	100	96	4	60	10	14	13	0	0	0	2	2	0	✓	✓	1/2 cup
40016	Apple Cherry	100	96	4	60	10	14	13	0	0	0	2	2	0	✓	✓	1/2 cup
40012	Cranberry Cocktail	15	96	4	60	0	14	14	12	0	0	0	0	0	✓	-	-
40015	Fruit Punch	100	96	4	60	10	14	13	0	0	0	2	2	0	-	✓	1/2 cup
40008	Grape	100	96	4	80	15	21	21	0	0	2	4	2	0	-	✓	1/2 cup
40009	Lemonade	10	96	4	60	0	14	14	13	0	0	0	0	0	✓	-	-
40000	Orange	100	96	4	60	15	13	11	0	1	0	0	4	40	✓	✓	1/2 cup
40054	Unsweetened Iced Tea	-	48	6	0	5	0	0	0	0	0	0	0	0	✓	-	-

Ardmore Farms Product Information:

* Not a significant source of calories from fat, total fat, saturated fat, trans fat, cholesterol, dietary fiber, and vitamin D.

* Ardmore Farms products do not contain ingredients from the 8 major food groups considered as allergenic (milk, eggs, soybean, wheat, peanuts, tree nuts, fish, and shellfish) under the Food Allergen Labeling and Consumer Protection Act of 2004 (FALCPA).